

## **Fremont School District 79 Life-Threatening Allergy Management Program**

Fremont School District has implemented a Life-Threatening Allergy Management Program. The goal of District 79 is to provide a safe environment for all children, including those with life threatening allergies. While it is not possible to completely eliminate the risk of exposure to allergens when a student is at school, a Life-Threatening Allergy management Program using a cooperative effort among students' families, staff members, and students helps the district reduce these risks and provide accommodations and proper treatment for allergic reactions.

The focus of this program is on life threatening food allergies. However, much of this program will also apply to other life threatening allergies such as bee/insect stings, medications, and latex.

### **Identifying students with life threatening allergies**

The school nurse identifies students with allergies by parent notification and from the Emergency Card / Student Health Information "blue card" that is to be completed by parents at registration.

### **Preventing exposure to known allergens**

- Individual Health Care Plans (IHCP) – This plan developed by the school nurse, parents, and student includes accommodations for lunch, field trips and extracurricular activities.
- All teachers are informed of students in their class that have a life-threatening allergy.
- Cafeteria staff and bus drivers are informed of students with life-threatening allergies.
- Classroom teachers will send out letters at the beginning of the school year informing parents of food restrictions in the classroom due to food allergies.
- All teachers are required to have allergy information on students in the folders they have prepared for substitute teachers.

## **Responding to allergic reactions with prompt recognition of symptoms and treatment**

Emergency Action Plan (EAP) – This plan outlines what is to be done if your child has an allergic reaction. The EAP is developed by the student’s physician, parent, and school nurse. It includes physician orders for emergency medications and when they are to be given. All medication must be prescribed by a licensed physician and supplied by the parent. The Emergency Action Plan is available on the district’s website and in the school health offices.

## **Educating and training all staff about management of students with allergies**

Fremont School District teachers, bus drivers and cafeteria staff receive yearly training on life-threatening allergies. Training includes recognizing an allergic reaction, steps to take in the classroom to prevent an allergic reaction, how to respond to an emergency situation, and how to administer an epinephrine auto-injector. Training is done at the beginning of each school year by the School District’s registered nurses.

## **Allergy Forms**

Allergy Questionnaire

Emergency Action Plan

**If your student has a life-threatening allergy please contact your school’s health office.**

**Elementary School  
Sherri Olk, Health Clerk  
847-837-0437 extension 2212  
solk@fsd79.org**

**Intermediate School  
Sharon VanBelleghem RN  
847-388-3700 extension 3002  
svanbelleghem@fsd79.org**

**Middle School  
Julie Niemiec RN, ILCSN  
847-566-9384 extension 1249**